



# The 33rd Annual Head of the Tennessee Regatta

Saturday, October 25, 2008

7:00 AM to 5:00 PM

Host: Knoxville Rowing Association

You are cordially invited to join the competition and fun of Tennessee's original head regatta!! In this brochure you will find information on this year's Head of the Tennessee. Please note the following:

- *Because of conflicts with the University of Tennessee's football schedule, the 2008 regatta is being held at Melton Hill Lake in Oak Ridge, TN. The course is new, and as always, the Head of the Tennessee will be hosted by the Knoxville Rowing Association.*
- Ten new events – most of them for youth – have been added to this year's regatta.
- All registration must be done on-line with Regatta Central [www.regattacentral.com](http://www.regattacentral.com)
- Changes to entries must be made on Regatta Central NO LATER THAN MIDNIGHT, TUESDAY, OCTOBER 21. Absolutely no adds or changes will be accepted after that date. Only scratches will be accepted.
- This regatta is registered with USRowing. Please see "USRowing Requirement" in this packet for information on USRowing membership requirements.

If you have any questions or need information, please contact:  
Robin Brown (registration questions) [hot-registration@charter.net](mailto:hot-registration@charter.net)  
Candra Phillips (other questions) [headofthetennessee@gmail.com](mailto:headofthetennessee@gmail.com)



Please check these websites for changes and updated information:

[www.regattacentral.com](http://www.regattacentral.com) to register

[www.knoxvilleroxing.org](http://www.knoxvilleroxing.org) for other regatta information

## Entries

All registration will take place on [RegattaCentral.com](http://RegattaCentral.com). The entry deadline is midnight Saturday, October 18. After registering online, you will need to complete waivers and make payment. Waivers may be completed on-line if you are a USRowing member. You also may pay online. Otherwise, you should send your waivers and entry fee (with invoice) by **October 20** to:

**Knoxville Rowing Association • PO Box 10440 • Knoxville TN 37939**

Please make checks payable to the Knoxville Rowing Association.

Please make final decisions regarding your team's events at the time you register. **Absolutely no adds or changes except scratches will be accepted after midnight Tuesday, October 21!!** For changes between midnight Saturday, October 18, and midnight Tuesday, October 21, a **\$25 penalty fee** will be charged per boat, per event for adding a boat to an event or for switching a boat from one event to another. **All changes must be made on-line with RegattaCentral.**

For registration questions, e-mail Robin Brown at [hot-registration@charter.net](mailto:hot-registration@charter.net)

## USRowing Requirement

The Head of the Tennessee is a registered regatta with USRowing. Please note that the USRowing website states that: "All registered regatta participating organizations must be active members of USRowing and must compete under their official USRowing membership name. The only exception to this rule is for single entries. These single scullers must be full-privilege individual members of USRowing and must race as "Unaffiliated."

## Entry Fees

<i>Singles:</i>	\$27 per event, per boat
<i>Doubles/Pairs:</i>	\$44 per event, per boat
<i>Fours:</i>	\$66 per event, per boat
<i>Eights:</i>	\$80 per event, per boat

To defray insurance costs, a fee has been added to each boat instead of a fee added to each competitor as in the past. The regatta committee has placed a cap of \$800 on fees for juniors programs and school crews.

Scratches will not be refunded.

## Cancellation Policy

In the event the regatta course/site becomes unfit or unsafe in the opinion of race management due to weather or other unforeseen events, the regatta will be cancelled. No refunds will be given.

## Classifications

**Youth:** A rower or coxswain who does not attain the age of 19 during the current calendar year and who is or has been, this academic year, continuously enrolled in, at most, a secondary school seeking a diploma. A Youth rower must be in high school.

**Youth novice:** Novice rowers shall be within their first year of competition. Novice coxswains shall be in their first year of coxing. Only novice coxswains may cox novice events. Previous experience in sculling will not count toward a sweep event, and previous experience in sweep rowing will not count toward a sculling event.

**College novice:** All college novice rowers shall be in their first year of rowing at the college level. College novice coxswains shall be in their first year of coxing at the college level. Only novice college coxswains may cox college novice events. Previous experience in sculling will not count toward a sweep event, and previous experience in sweep rowing will not count toward a sculling event.

**Championship:** College crews beyond novice level are to compete in championship events. (To comply with the prior Southeast Regional Head Race Series instructions, we converted former collegiate events to championship events.) Championship events may be entered by non-novice boats from clubs, colleges or elite programs. Youth rowers may not enter this event.

**Masters:** 27-42 years inclusive as of the current calendar year, plus the USRA-approved "AA" masters category for rowers aged 21-26 as of the current calendar year.

**Senior Masters:** 43-59 years inclusive as of current calendar year

**Veteran Masters:** 60 years and older as of current calendar year

**Lightweight:** Men - Maximum of 165 pounds  
Women - Maximum of 135 pounds

## Waivers

All competitors must either sign a liability waiver or have a current one on file with USRowing. Racing packets will not be released until waivers are complete. If you have a USRowing waiver on file, RegattaCentral will notify the regatta staff. Competitors under the age of 18 must have a parent or legal guardian sign their waivers.

## Blade and Clubwear Designs

All clubs must register their blade design and clubwear colors with the regatta committee (if they have not previously done so). All participants in a sweep or sculling event must wear the same style and design of clubwear, whether T-shirt and shorts or other clothing.

## Venue

Because of conflicts with the University of Tennessee football schedule, the Head of the Tennessee is being held at Melton Hill Lake this year, through the generous cooperation of the Oak Ridge Rowing Association (ORRA). The regatta site will be the ORRA boathouse and its surrounding grounds at 637 Melton Lake Drive, Oak Ridge 37830. The course, which is described below, is a new one. It runs upstream in Melton Hill Lake – a dammed reservoir with very little current – for a distance of approximately 4500 meters. The start is just below the Bull Run Steam Plant; the finish is roughly 500 meters above the ORRA boathouse.

## Parking

Parking in the parking lot is reserved for officials, staff, customers of the restaurant, and those with a handicapped sticker visible from the windshield of the car. Please let parking attendants know if you need a handicapped parking spot.

Parking at the site is available along both side of Melton Lake Drive except where indicated otherwise by traffic cones. Parking is not permitted on the peninsula. Vehicles with supplies for teams may drop off in the parking lot with permission from the parking attendants. Vehicles must then be moved to a location along Melton Lake Drive.

Buses are permitted to unload/load passengers and equipment at the beginning and end of the day. They will be directed to an off-site location to park for the day.

## Overnight Boat Storage

Boats, trailers and equipment will be stored in assigned locations along the west bank of the embayment to the rear of the Oak Ridge boathouse. Security will patrol through the area during the night before the regatta.

## Team Tents

Crews are welcome to bring tents to provide shelter in their equipment areas. Team tents may also be placed along the peninsula with a fee of \$50.00 payable to the Oak Ridge Rowing Association. Check-in with Oak Ridge Rowing Association is required to set up. Please contact Mark Wilson: [mwilson@orra.org](mailto:mwilson@orra.org)

## Friday Night Pasta Dinner

On Friday night, Girls, Inc. will host a pasta dinner at 1798 Oak Ridge Turnpike, centrally located near many of the motels in Oak Ridge. Reservations are required. For details, contact Judy Wilson: [jwilson@girlsincor.net](mailto:jwilson@girlsincor.net)

## Merchandise Sales

Sales of merchandise are permitted only by advance arrangement with the Oak Ridge Rowing Association. Please contact Mark Wilson: [mwilson@orra.org](mailto:mwilson@orra.org)

## Course Route

The race course follows the east bank of the river. Early in the race course, small buoys close to the east bank delineate the starboard limit of the race course. Traveling beyond these buoys will endanger the crew and equipment. Coxswains on the race course must always keep these buoys to the starboard side. In addition, occasional larger buoys will indicate the center of the race course. These must be kept to the port side.

A member of the regatta committee will be available on Friday from 1:00 p.m. to 7:00 p.m. to answer questions about the course. A course map will be posted at the regatta site; in addition, maps will be available during the Coaches and Coxswains Meeting.

## Practice

Any competitors practicing on the course before the day of the regatta do so at their own risk. The regatta committee does not schedule supervised practice.

## Masters Handicap

The Head of the Tennessee utilizes the standard USRowing handicap algorithm in all masters and veterans events. The "AA" Masters category is reverse-handicapped.

## Coaches and Coxswains Meeting

The Coaches and Coxswains meeting will be held on Saturday morning at 7:00 a.m. at the rear of the ORRA boathouse.

## Racing Packets

Racing packets will be distributed at the Registration Tent at the regatta site Friday, 5:00 to 7:00 p.m., and Saturday, 7:00 to 9:00 a.m.

## Changes to Events

Please stay alert to the possibility of schedule changes. The regatta committee reserves the right to combine or cancel events based on the number of entries received. The committee also reserves the right to delay or advance the starting times for any event.

If any boat is being scratched from an event, Registration should be notified at least one hour prior to that event's posted starting time. There will be no refunds for scratches. ***Absolutely no boats will be added or changed after the Tuesday prior to the race. Only scratches will be allowed.***

## Lightweight Weigh-in

Weigh-in for members of lightweight crews will take place at the regatta site Friday, 5:00 to 7:00 p.m., and Saturday, 7:00-9:00 a.m.

## Boat Numbers

Assigned numbers for all boats will be distributed with the racing packets. **Your boat must be equipped with a bow number clip; both bow numbers and shirt numbers will be used this year.** Your boat numbers are absolutely critical for your time to be recorded correctly. To attach your numbers correctly, please follow the instructions in your packet.

## Dock Area

Officials have absolute authority over the dock area. Shells will be inspected for quick-release shoe retainers, per rule 3-109. There will be no hot-seating without prearrangement. All rowers must be ready to

assume their places in the outgoing boat. All equipment adjustments must be made in the storage area prior to launching. Absolutely no adjustments will be permitted on or at the dock.

## **Launching**

Please listen for announcements about “launch windows” for upcoming events. Boats in those events have launching priority over other boats.

## **Getting to the Starting Line**

It is the coxswain's responsibility to get the crew to the starting area on time. Boats must launch from the downstream docks and return to the upstream docks. Right hand rule prevails on the entire traffic pattern throughout the course. Boats should launch and proceed downstream along the west bank of the river, keeping their starboard blades to the shore. Continue downstream past the Bull Run Steam Plant, which is on the opposite (east) bank of the river. The starting line will be marked by a line of buoys that indicate the starting chute.

## **Starting on Time**

Crews must check in with starting officials located in a float boat just down-stream of the Bull Run Steam Plant. All boats must approach the check-in boat, report their boat number to the official, state that they are ready to race, receive acknowledgement, and follow officials' instructions on where to stage. Boats that are not ready to race or do not check in by the time the last “ready” boat in their event crosses the start line will be excluded.

The start will be staggered.

## **Overtaking**

Slower boats being overtaken must give way to the faster boat.

## **Finish**

The finish will be upstream from the ORRA boathouse at the 1000 meter mark of the 2000 meter sprint course. The finish will be marked by two large buoys. All boats must pass between these buoys.

## **Protest Procedure**

- ▶ **The protesting boat's cox must announce initial protests to the racing officials while the boat is still on the water.**
- ▶ **Once off the water, oral protests may be presented to the Chief Racing Official or, if the Chief Racing Official is not available, to the Race Management Coordinator. If the protest cannot be resolved informally, a formal protest must be filed.**
- ▶ **A formal protest must be filed in writing within 60 minutes following the start of the event for which the protest is filed. It may be filed with the Race Management Coordinator.**
- ▶ **A \$25 fee must accompany the formal protest. (The fee will be refunded if the protest is successful.)**
- ▶ **The formal protest will be referred to the Chief Racing Official. The Chief Official will consider each protest as time allows.**
- ▶ **Pending a decision regarding the protest, no results will be posted for the event under protest.**
- ▶ **All decisions regarding protests will be completed within one hour of the last race of the day.**

## Medals

First-, second- and third-place winners are awarded medals.

## Trophies

Winners' names are engraved on trophies, which are displayed each year at the Head of the Tennessee Regatta. Trophies remain the property of and in possession of the Knoxville Rowing Association or its members.

Trophies are awarded to winners of these events:

- **Ashton Trophy:** Women's Championship 8+
- **Baird Cup:** Men's Veteran Masters 1x
- **City Cup:** Men's Lightweight 4+
- **Friendship Cup:** Men's Collegiate (Championship) 4+
- **Maynard Brothers' Trophy:** Men's Open 1x
- **Paul Maynard Plate:** Men's Collegiate (Championship) 8+
- **FE Thurman Trophy:** Women's Championship 2x
- **Krista Thurman Cup:** Women's Club/Masters 8+
- **(unnamed):** Women's Championship 4+

Four additional trophies will be awarded when the point-total calculations are complete:

- **Club Points trophy (non-collegiate clubs only)**
- **Scholastic Points trophy (juniors only)**
- **Andrew Stern Collegiate Points trophy (both NCAA and intermural programs are eligible; however, 2 or more programs from the same university will be considered separately)**
- **Townsend Trophy: Overall points**

## Points

The USRowing formula will be used in calculating team points. College and youth events will be contested separately and points will be awarded separately. Only currently enrolled students of high schools and colleges may score points for their institutions. Coaches, faculty members, and parents may not row for points in the name of a school or college.

## Directions to the Regatta Site

For driving directions to the regatta site (Oak Ridge Rowing Association, 697 Melton Lake Drive, Oak Ridge, TN 37830), please consult <http://www.orra.org/directions.htm>

## Accommodations

Oak Ridge and the surrounding area have numerous motels and hotels. Blocks of rooms are not being held for regatta participants. Please make your own reservations.

No overnight camping is allowed at the regatta site.

## Schedule of Events

1	9:00	Men's championship 1x	31	12:00	Women's youth lightweight 4+
2		Men's lightweight 1x	32		Women's youth novice 4+
3		Men's master's 1x	33	12:15	Men's youth lightweight 8+
4		Men's senior masters 1x	34		Men's youth novice 8+
5		Men's veteran masters 1x	35	12:30	Men's lightweight 8+
6		Men's youth 1x	36		Men's college novice 8+
7		Men's recreational 1x	37		Men's masters 8+
8	9:30	Women's championship 1x	38		Men's youth 8+
9		Women's lightweight 1x	39	1:30	Men's championship 4+
10		Women's master's 1x	40	1:45	Women's championship 4+
11		Women's senior masters 1x	41	2:00	Women's college novice 4+
12		Women's veteran masters 1x	42	2:15	Women's lightweight 4+
13		Women's youth 1x	43		Women's masters 4+
14		Women's recreational 1x	44		Women's youth 4+
15	10:00	Men's college novice 4+	45	2:30	Women's youth lightweight 8+
16	10:15	Men's lightweight 4+	46		Women's youth novice 8+
17		Men's master's 4+	47	2:45	Men's youth lightweight 4+
18		Men's youth 4+	48		Men's youth novice 4+
19	10:45	Women's lightweight 8+	49	3:00	Mixed open 2x
20		Women's college novice 8+	50		Mixed youth 2x
21		Women's master's 8+	51	3:15	Mixed open 4x (quad)
22		Women's youth 8+	52		Mixed open 4+
23	11:15	Men's championship 2x	53		Mixed youth 4+
24		Men's masters 2x	54	3:30	Mixed open 8+
25		Men's open 2-	55		Mixed youth 8+
26		Men's youth 2x	56	3:45	Men's championship 8+
27	11:40	Women's championship 2x	57	4:00	Women's championship 8+
28		Women's masters 2x			
29		Women's open 2-			
30		Women's youth 2x			

The schedule allows for a brief break between the 12:30 p.m. events and the 1:30 p.m. event.

# P A S T A WITH A P U R P O S E

*Girls Inc. is a non-profit organization that inspires all girls to be strong, smart, and bold.  
Show your support for the girls by loading up on carbs the night before the regatta!*

## M E N U

Salad

Drink

Bread

Pasta

Dessert

## D E T A I L S

*Secret City Head Race meal, October 3*

*Head of the Tennessee meal, October 24*

**Time:** 5:00 pm - 8:00 pm

**Cost:** \$8.00 per person

**Location:** Girls Inc., 1798 Oak Ridge Turnpike

*(1/2 mile beyond the Illinois Ave./Turnpike intersection)*



*A Partnership of Girls Incorporated® of Oak Ridge and  
Oak Ridge Rowing Association*

